

PRAYER IDEAS

There is not a “right” way to lead your small group prayer time. In fact, there are many different approaches. We encourage you to use a variety of methods from week to week to keep things fresh.

1. One person closes in prayer for the entire group.
2. Pray immediately as a need surfaces during the small group time. Why wait until the end?
3. Have group members write prayer requests on a 3x5 card, then exchange with someone else in the group.
4. After a group member’s prayer request is shared, allow other members offer to be the pray-er for that request by saying, “I’ll pray for that!” Be sure all group members have a pray-er for their request.
5. Review prayer requests and answers from previous weeks.
6. Set a “theme” for prayer requests ... sharing faith, praise, areas of temptation, etc.
7. Ask group members to pray for the person on their left as you go around the circle clockwise. Be sure everyone feels comfortable praying aloud.
8. Pair up and pray for each other.
9. Popcorn prayers. The leader opens and closes the prayer. In between, members can “pop” in short praises or things they are thankful for, speaking in a random manner, like popping corn.
10. Encourage group members to pray in a variety of postures ... standing, kneeling, holding hands, palms up, walking, etc.
11. Instruct everyone to share one praise and one request.
12. Follow a pattern for prayer ... i.e. P.R.A.Y. (Praise, Repent, Ask for others, You) or A.C.T.S. (Adoration, Confession, Thanksgiving, Supplication)
13. Pray “Korean-style” by having everyone pray audibly at the same time.
14. Connect your prayer time with your lesson. Limit prayer requests to direct application of your Bible study.
15. Have a group member journal the requests and email the requests to the group.
16. Pray one-sentence prayers.
17. Everyone who wants to pray takes a turn. Not everyone needs to pray aloud. Some may offer their prayer silently if preferred.
18. Split the group in half and pray together in a smaller group.
19. Pray silently. Have one person close the silent prayer time after a period of time with “Amen.”
20. You (or another member) prays out loud for each person in the group.
21. Additional prayer ideas can be found on the Leader Webpage at www.shepherd-lutheran.org.

Prayer Request Form

Write down any prayer request you may have under each category below. Then exchange requests with a partner, or among the group. Pray for the person/request you receive, either in the group prayer, or throughout the week.

Your Name _____

This request ***should not*** / ***can*** be prayed out loud with the group. (circle one)

1. Spiritual (for example, what God is teaching you lately, quiet time, relationship w/ Jesus)
2. Relational (friendships, small group, or family relationships)
3. Personal (issues occupying your time & energy, recent struggles or successes)

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