



SMALL GROUP DISCUSSION QUESTIONS

Never Lift Alone February 7, 2021

1. Describe your relationship with your closest friend or a friendship you would like to have.
2. Read Genesis 2:18. How do you define helper? Does helper sound less than, equal to, or greater than the other person? What do you think God intends for this relationship to look like? Does this only apply to a marriage relationship?
3. Read Ecclesiastes 4:9–12. What benefits of companionship are mentioned? Is it difficult for you to ask for or accept help from others? How has someone helped you spiritually? How is the proverb in 12b a fitting conclusion?